



B.Sc.(Hons) Nursing First Year Examination, August 2023

Enrollment No. _____

Invigilator sign: _____

SECTION C (PSYCHOLOGY)

INSTRUCTIONS:

- Section C should be answered in first 20 minutes of the Exam duration and handed over to the invigilators.
- Put one ✓ mark to only one answer that you consider correct for each question.
- Mark your ✓ in pen.

Multiple Choice Questions:

(20X1=20)

1. A woman trying to choose between continuing an unwanted pregnancy and abortion is an example of :
 - a. Approach-approach
 - b. Approach-avoidance
 - c. Avoidance-avoidance
 - d. Multiple approach avoidance
2. Correct order of stages of creative thinking:
 - a. Preparation-Insight-Verification-Incubation-Revision
 - b. Preparation- Incubation- Insight- Revision- Verification
 - c. Preparation- Incubation- Verification- Insight-Revision
 - d. Preparation- Incubation- Insight- Verification- Revision
3. Monitor equilibrium and awareness of body position and movement:
 - a. Kinesthetic senses
 - b. Vision
 - c. Hearing sensation
 - d. Vestibular senses
4. Item analysis is a vital step in development of:
 - a. Psychological tests
 - b. I.Q test
 - c. Knowledge Test
 - d. Development Test
5. An important area for emotion is:
 - a. Hypothalamus
 - b. Amygdala
 - c. DLPFC
 - d. Temporal Lobe
6. Attitudinal change can occur through:
 - a. Cognitive Dissonance
 - b. Self-perception
 - c. Counter attitudinal advocacy
 - d. Cognitive Distortions
7. Adaptive defence mechanism is:
 - a. Sublimation
 - b. Projection
 - c. Reaction Formation
 - d. Undoing
8. Thiamine deficiency causes:
 - a. Agnosia
 - b. Wernick's Korsakoff's syndrome
 - c. Dementia
 - d. Amnesia
9. Craik and Lockhart proposed two types of rehearsal:
 - a. Phonetic and semantic
 - b. Shallow and deep
 - c. Elaboration and maintenance
 - d. Encoding and storage

10. According to James-Lange theory of emotions, which of the following statement is considered true?
- a. You feel emotion, then a bodily reaction.
 - b. Emotions and visceral reactions are simultaneous.
 - c. The somatic nervous system is the seat of emotion.
 - d. You react with your body first, then you feel emotion.
11. A successful reaction gives satisfaction to the individual and that same reaction tends to be repeated is:
- a. Law of readiness
 - b. Law of Use
 - c. Law of primacy
 - d. Law of recency
12. Using the Stanford-Binet Formula, what IQ would a 10 year old boy has, whose mental age is 15?
- a. 1.50
 - b. 75
 - c. 100
 - d. 150
13. The school of psychology that deals with the unit or elements that makes up mind is:
- a. Functionalism
 - b. Structuralism
 - c. Behaviorism
 - d. Gestalt
14. Mental health service institutions providing secondary prevention include:
- a. Halfway home
 - b. Antenatal care
 - c. Crisis Intervention
 - d. Training in community living (TCL)
15. The ability to learn by observing a model or receiving instructions, without reinforcement, is called:
- a. Contingency
 - b. Social learning
 - c. Instrumental learning
 - d. Cognitive learning
16. To concentrate one's activity continuously upon some object or a happening or problem is:
- a. Sustain
 - b. Shift
 - c. Divided attention
 - d. Distraction
17. If the psychological tests measures what it purports to measure, that test has good:
- a. Reliability
 - b. Validity
 - c. Standardization
 - d. Norms
18. According to _____ approach the ultimate goal of personality growth is self-actualization.
- a. Humanistic
 - b. Neo-Freudian
 - c. Psychosocial
 - d. Psychoanalytic
19. Bowlby argued that disturbances in mental health and personality development occur due to:
- a. Lack of self-expression
 - b. Maternal deprivation
 - c. Regression
 - d. Lack of autonomy and freedom.
20. Max Wertheimer and Kohler are associated with:
- a. Gestalt theories
 - b. Behaviorism
 - c. Operant conditioning
 - d. Humanistic approach
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All India Institute of Medical Sciences, Kalyani

B.Sc.(Hons) Nursing First Year Examination, August 2023

Time: 3 Hrs.

PSYCHOLOGY

Marks: 75

INSTRUCTIONS:

- Draw diagram wherever necessary.

SECTION A

Answer **ANY THREE** (Questions)

(3X10=30)

1. a. Explain stress cycle (3)
b. Describe the General Adaptation Syndrome (3)
c. Discuss the coping strategies. (4)
2. a. Define Memory (2)
b. Describe the theories of forgetting (4)
c. Explain the theory proposed by Ivan Pavlov. (4)
3. a. Define Personality (2)
b. Describe different methods of assessing Personality (3)
c. Discuss the Psychoanalytic Theory of Personality. (5)
4. a. Explain the warning signs of poor mental health (4)
b. Describe the role of a nurse in promoting mental health. (6)

SECTION-B

Write short notes on **ANY FIVE** of the following: -

(5X5=25)

5. Drive and incentive theory of motivation
6. Intelligence Quotient and assessment of intelligence
7. Experimental method and its steps
8. Principles of perception
9. Stages of Grief
10. Problem Solving
11. Role of a nurse in meeting the psychological needs of the children



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B.Sc.(Hons) Nursing First Year Examination, August 2023
Time: 3 Hrs. ENGLISH Marks: 75

INSTRUCTIONS:

- Attempt all questions
- 1. Write an essay on any one of the following - (10×1=10)
 - a. Impact of Healthy Lifestyle in a Long Run.
 - b. Friend in Need is Friend Indeed.
- 2. Write a letter to the Editor of a newspaper on the issue of pulse polio immunization. (10×1=10)
- 3. Precis - (10)

There are books which are no books at all, and to read them is a mere waste of time, while there are others so bad that we cannot read them without great harm. It is no doubt good to be warned against temptations and dangers of life, but anything that familiarises us with evil is in itself evil. So also there are others, happily many others which no one can read without being the better for them. By useful literature we do not mean only that will help a man in his business or profession. That is useful, no doubt, but by no means, the best use of books. The best books raise us into a reign of selfless thoughts, thoughts where the troubles and anxieties of the world are almost forgotten.
- 4. Fill in the blanks with correct forms of verbs given in the bracket :- (5×1=5)
 - a. I _____ (see) him yesterday.
 - b. They have _____ (do) their work.
 - c. He _____ (come) to School today.
 - d. I _____ (do) it tomorrow.
 - e. They _____ (live) here for two years.
- 5. Fill in the blanks with correct preposition from the options given :- (5×1=5)
 - a. Agra College is affiliated to/with the B.R. Ambedkar University.
 - b. After much discussion they agreed on/to the terms of Partnership.
 - c. I am aware of /about your success.
 - d. He will complete with/for the Roman Trophy.
 - e. The dais of the PM was cordoned off/of.
- 6. Do as directed :- (5×1=5)
 - a. Who will do the work? (Change the voice)
 - b. They beat the thief when he was caught. (Change the voice)
 - c. We are laughed at by them. (Change the voice)

- d. "What did you eat last night?" asked my mother. (Change to Indirect Speech)
- e. "Do not go out in the sun", said the teacher to the boy. (Change to Indirect Speech)

7. Write down the one word substitution for the following phrases. (5×2=10)

- a. One who can use either hand write case –
- b. One who is unable to pay one's debts –
- c. One who leads an austere life –
- d. The study of human population –
- e. The study of family ancestries and histories –

8. Write a short note of any **two** of the following :- (5×2=10)

- a. Your daily life.
- b. Misuse of gender equality.
- c. Female infanticide.

9. Read the passage and answer the following questions: - (5×2=10)

The admiration of the Greeks for bodily perfection is shown by the great popularity of athletic festivals, particularly the one held every four years at Olympia, in the north-west of southern Greece. Competitors had to come early to Olympia, and after proving to the judges that they were of genuine Greek birth on both sides, they were put through a period of official training. The games lasted five days and took place on a plain between two rivers, watched by wildly-excited spectators from great embankments. The first day the chariot and horse races took place, very expensive forms of sports in which only the rich could afford to compete. Then in a separate enclosure, a little over two hundred yards long, were held various foot races. Our word "stadium" is taken from the Greek word for this distance. The other events were the long jump, throwing the discus, throwing the javelin, wrestling, and boxing. The prize won at the games was simply a wreath of wild olive leaves; but your city would honour you with privileges, and you would become a famous man in all Greece.

Questions:

- a. What were the Olympic sports?
 - b. Who could take part in them?
 - c. What were the events of the first day?
 - d. Name some other events.
 - e. What is the origin of the word 'stadium'?
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